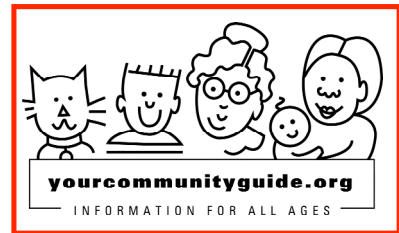


# SENIOR AND CAREGIVER RESOURCES



## ACTIVITIES & GET-AWAYS

**WE ARE CURRENTLY UPDATING ALL PROGRAMMING . . .  
CONTACT US WITH ANY CHANGES OR ADDITIONS  
<http://www.yourcommunityguide.org>**

## Parks & Recreation Department

### **DID YOU KNOW?:**

City of Austin Senior Activity Centers are open to anyone 50 years of age and older. There is no membership fee; however, an annual donation is requested by each center's advisory board. The Centers offer: meeting space for organized senior groups, classes, health screening, trips, tours, recreation activities, special events and tournaments. See listings below for the center nearest you.

### ■ LOCAL PROGRAMS

#### **Alto Frio Baptist Encampment**

P.O. Box 468 , Leakey Texas 78873  
[www.altofrio.com](http://www.altofrio.com)

Senior Activities & Getaways, Residential Camps

**830-232-5271**

#### **Austin Area Agency on Aging**

2512 S. IH 35, Ste. 340, Austin Texas 78704  
[www.aacap.org](http://www.aacap.org)

Provides information and referrals, maintains information about local health care, housing, home care, home repair, food assistance, transportation, recreation, legal issues, and more.

Caregiver Initiative Program; support and information.

TTY: (512) 916-6016 Toll Free: 1-888-622-9111

**512-916-6062**

#### **Austin Groups For The Elderly**

3710 Cedar St # 100, Austin Texas 78705  
[www.ageofaustin.org](http://www.ageofaustin.org)

Located near the UT campus on the corner of 38th St. and Cedar St., between Guadalupe and Speedway. Provides hands-on computer classes and seminars designed for older adults. Also offers free informative programs and speakers about aging with mind, body, and spirit. Also provides Elderhaven Adult Day Care (458-6305) for older adults and adults with disabilities. Services include recreational activities, exercise, health services, and dietician-monitored lunch and snacks. Call for fee information; they accept Medicaid and also offer a sliding fee scale for people ineligible for Medicaid benefits.

**512-451-4611**

#### **Camp Young Retreat and Conference Center**

121 Camp Young Judaea Dr, Wimberley Texas 78676  
[www.cjrtexas.org](http://www.cjrtexas.org)

**800-CAMP-CYJ**

#### **City of Austin - Conley-Guerrero Senior Activity Center**

808 Nile St., Austin Texas 78702

[www.ci.austin.tx.us/parks/sractivity.htm](http://www.ci.austin.tx.us/parks/sractivity.htm)

Located near Pleasant Valley and E. 7th St.

Hours: Mon, Wed, Fri 8:00am - 5:00pm; Tues and Thur 8:00am - 8:00pm

Senior Aides Program

**512-478-7695**

#### **City of Austin - Montopolis Recreation Center**

1200 Montopolis Dr., Austin 78741

[www.ci.austin.tx.us/parks/rec\\_centers.htm](http://www.ci.austin.tx.us/parks/rec_centers.htm)

Located near the corner of Montopolis Dr. and Porter St., north of Riverside Dr., east of Montopolis Park

Hours: Mon - Thur 10:00am - 10:00pm; Fri 10:00am - 6:00pm;

Sat 10:00am - 4:00pm; Sun 10:00am - 4:00pm

**512-385-5931**

#### **City of Austin - Shoal Crest Ave. Senior Activity Center**

2874 Shoal Crest Ave., Austin Texas 78705

[www.ci.austin.tx.us/parks/sractivity.htm](http://www.ci.austin.tx.us/parks/sractivity.htm)

Art Classes, Computer Classes & Resources, Neighborhood Centers, Senior Activities & Getaways

**512-474-5921**

#### **City of Austin - South Austin Senior Activity Center**

3911 Manchaca Rd., Austin Texas 78704

[www.ci.austin.tx.us/parks/sractivity.htm](http://www.ci.austin.tx.us/parks/sractivity.htm)

Located on Manchaca Rd., between S. Lamar Blvd. and Ben White.

Hours: Mon - Fri 8:00am - 5:00pm

**512-448-0787**

# ACTIVITIES & GET-AWAYS



(provided in printable format by [yourcommunityguide.org](http://yourcommunityguide.org))  
Need to find Personal Care Homes? Visit us NOW!

**CPR for PETS and PEOPLE**



Book a CPR Class  
of 6 or more people  
and one will receive  
their training FREE!  
(with this coupon)  
[www.cprforpetsandpeople.com](http://www.cprforpetsandpeople.com)

**City of Austin - Virginia L. Brown Recreation Center 512-974-7865**

7500 Blessing Ave. , Austin Texas 78752

[www.ci.austin.tx.us/parks/stjohns.htm](http://www.ci.austin.tx.us/parks/stjohns.htm)

Senior Lunch Program: 480-3004

Senior Lunch Program Transportation: 480-3012

year-round activities; shares gymnasium with J.J. Pickle Elementary School; houses the Austin Parks and Recreation Department, the Austin Police Department, the Austin Public Library, Health and Human Services, and the J.J. Pickle Elementary School.

**City of Georgetown Parks and Recreation 512-930-3595**

1101 N. College, Georgetown Texas 78626

[www.georgetownparks.org/](http://www.georgetownparks.org/)

Basketball, Camps, Neighborhood Centers, Recreation, Senior Activities, Soccer, Softball, Swimming, Tennis

**Crenshaw Athletic Club 512-453-5551**

5000 Fairview Drive , Austin Texas 78731

[www.crenshaws.com](http://www.crenshaws.com)

Senior Activities & Getaways, Swimming, Mothers Day Out, Afterschool Programs, Day Camps, Special Needs Camps, Child Care, Gymnastics,

**Hill Country Senior Citizens Community Center 512-858-4663**

1310 Hwy. 290 W. , Dripping Springs Texas 78620

Senior activities & getaways, Senior General resources, Transportation & Mobile Services



**S.F.T.E.**

Services for the Elderly, Inc.

**\$25 Off**

Your 2nd Month of Service

To begin receiving services, call 512.477.3796

**Jewish Community Association of Austin 512-735-8000**

7300 Hart Lane, Austin Texas 78731

[www.jcaaonline.org](http://www.jcaaonline.org)

Senior Activities & Getaways, Afterschool Programs, Art Classes, Dance, Family Counseling, Gymnastics, Martial Arts, Music, Neighborhood Centers, , Swimming, Youth Organizations

**Lakeway Activity Center 512-261-1010**

105 Cross Creek, Austin Texas 78734

[www.cityoflakeway.com](http://www.cityoflakeway.com)

Senior art program available, Neighborhood Centers, Senior Activities & Getaways

**Seniorart 512-252-7380**

[www.kidzartaustin.com](http://www.kidzartaustin.com)

Onsite Drawing Program, call for locations.

**Texas 4-H Center 325-784-5482**

5600 FM 3021, Brownwood Texas 76801

[texas4h-ctr.tamu.edu](http://texas4h-ctr.tamu.edu)

Senior Activities & Getaways, Senior General Resources

**Wheelchair Getaways 800-723-6028**

[www.wheelchairgetaways.com/texas-austin.htm](http://www.wheelchairgetaways.com/texas-austin.htm)

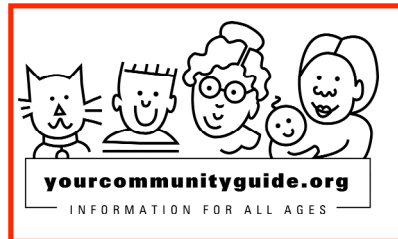


# ACTIVITIES & GET-AWAYS

(provided in printable format by [yourcommunityguide.org](http://yourcommunityguide.org))  
**Need to find Home Health Agencies? Visit us NOW!**

## HEALTH & SUPPORT GROUPS

more . . .



## FREE & LOW-COST SERVICES

more . . .

Let [yourcommunityguide.org](http://yourcommunityguide.org) help!

Thanks to the following businesses for helping us bring this info to you:

☛ *DISCOUNT COUPON AVAILABLE: print from our site or clip from back page*

Abrakadoodle  
Amazing Feats  
AmRamp  
Armstrong Community Music School  
Austin Dance Arts  
☛ Austins Park and Pizza  
Bent Oaks  
Broadmoor  
☛ CPR for Pets and People  
Cedar Ridge Apartments  
Extend-A-Care For Kids  
Falls On Bull Creek  
Housing Authority of the City of Austin  
Hunt Club  
Huntington Learning Center  
KidsActing  
Promontory Point  
Pump It Up - Round Rock  
Pump It Up - Austin

☛ RadiJazz  
Round Rock Express Baseball Camps  
Round Rock Express Baseball Club - Dell Diamond  
☛ Services For The Elderly, Inc.  
Silver Standards  
Stepping Stone Schools  
Susanne Slay Westbrook - A WORLD OF RESPECT  
☛ Texas Jumping Beans  
The Meadows  
YMCA of Greater Williamson County  
YMCA North Park Family Branch  
YMCA East Communities Branch  
YMCA Northwest Branch  
YMCA Pflugerville Branch  
YMCA Program Services  
YMCA Southwest Branch  
YMCA Townlake Branch  
YMCA Twin Lake Branch